The Alameda-Contra Costa Medical Association presents:

Promoting Professional Satisfaction and Preventing Burnout: Assessing and Preventing Professional Burnout in Physicians and Other Health Care Professionals

Saturday, October 8, 2016
Registration 8:00 AM | Program 8:30 AM - 12:00 PM
ACCMA Headquarters | 6230 Claremont Ave., 3rd Flr., Oakland 94618

SYNOPSIS:
The problem of burnout and fatigue among physicians is real and immediate. Rates of overall burnout extend to at least 40% of U.S. physicians, more than 10 percentage points higher than the general population. Reducing burnout improves professional satisfaction and physician engagement, increases physician retention, and contributes to an organization’s quality improvement and patient safety goals. This symposium will feature nationally recognized experts who will address the harms of stress and its relationship to professional burnout, and who will share practical strategies for assessing and preventing physician burnout and promoting professional satisfaction.

WHO SHOULD ATTEND:
Physicians, allied health care professionals, medical staff leaders, medical group administrators, hospital administrators, wellbeing committee members, employee assistance and human resources professionals, and others who share a commitment to promoting professional satisfaction in the health professions.

REGISTRATION FEES:
Members: $39
Non-Members: $99

According to a recent survey by Healthcare Finance:
- 74% of Primary Care and Emergency Room doctors do not feel their healthcare facility or practice is taking effective steps to address and prevent burnout
- 57% of Primary Care and Emergency medicine doctors reported experiencing burnout
- 37% of respondents said they know others who have experienced burnout

PRESENTERS:

Suja Mathew, MD, FACP is Chair of Medicine at Cook County Health and Hospitals System and Program Director for the Internal Medicine Residency at John H. Stroger Jr. Hospital of Cook County (Cook County Hospital), in Chicago, Illinois. As clinician, educator, and administrator, she directs internal medicine service delivery throughout the system and supports the work of 200 internal medicine physicians. Doctor Suja also oversees the training of hundreds of residents and fellows and scores of medical students who rotate through Stroger Hospital’s internal medicine services. She is an awarded teacher, leader and a recognized humanitarian. In addition, Doctor Suja serves as a consultant for the American Medical Association and assists individuals in finding joy and satisfaction in the field of medicine.

Frank Staggers, Jr., MD has practiced addiction medicine, adult medicine, and public health research in the Bay Area since 1984. He currently is the Medical Director of the Berkeley Addiction Treatment Services center, and former Medical Director of the Haight Ashbury Free Clinic’s Drug Rehabilitation Program. Doctor Staggers Jr. is a highly regarded expert in the field of stress, and has been an investigator on multiple federal research grants on the effects of stress on Federal employees. Doctor Staggers Jr. serves as ACCMA Immediate Past President, as Chair of the ACCMA Litigation Stress Committee, and on numerous ACCMA Committees. He also serves on the Board of Directors for the New Bridge Addiction Treatment Foundation, and serves on the Boards of Advisors for the David Lynch Foundation and the Ethnic Health Institute.

Registration form on reverse side.
REGISTRATION FORM

To Register: Complete this form and return it to the ACCMA by fax (510-654-8959), email (accma@accma.org) or mail (6230 Claremont Avenue, Oakland, CA 94618). Alternatively, go online to www.accma.org, click on “Calendar,” click on “List of Upcoming Events,” and select “Promoting Professional Satisfaction and Preventing Burnout.” No login is required when registering online.

Attending:

Practice Name / Med Group:

Please Select Registration Type: $39 / ACCMA Member: ________  $99 / Non-Member: ________

Please Circle Which Applies:  Physician  Allied Health Professional (NP/PA/MA)

Other (Please State): _____________________________________________________________

Phone: ___________________________  Fax: ___________________________

Email: ___________________________

Billing Information:

Credit Card Number: ___________________________

Security Code: ___________  Exp.: ______________

Name as it appears on card: ___________________________

Billing Address: ___________________________

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Fax to 510-654-8959