

Physician Health Committee Newsletter



MESSAGE FROM THE CHAIR Laurie Reynard, MD

Last year a Los Angeles jury found Rowland Heights physician, Doctor Lisa Tseng guilty of murder for overprescribing drugs that led to fatal overdose of three patients. In February of this year she was given a sentence of 30 years to life in prison. We have invited

Marlon Whitefield, Group Supervisor, Drug Enforcement Agency — Pharmaceutical Diversion Los Angeles County, to discuss Prescribing Controlled Substances: Legal Ramifications at our next Lunch and Learn on August 25 at 12:30 pm. Some of the questions he will be addressing: Is it ok to prescribe controlled substances to family members? If a DEA agent makes a visit to your office what is he looking for? How do DEA agents decide who needs an investigation? Join us as we discuss the requirements for safe prescribing of controlled substances: Legal ramifications and the CURES website.

The Physician Health Committee hopes that many of you will attend the Postgraduate Assembly on Saturday, September 17, 2016: Physician Heal Thyself. Previous years the speakers have come from within the Medical Staff but this year we have gone outside the community to bring national experts on physician well being to speak to us. We are also inviting your significant other as we think the information imparted will be valuable to them also. Check your e-mail: Why this year you don't want to miss the PGA; 6 REASONS and respond to the EVENTBRITE with your RSVP.

Ricki Bander, PhD has met on a completely confidential basis with several of the Medical Staff and she is creating programs for various departments. She is hired by both Providence and the Medical Staff to support physicians in their various roles, both personal and professional. Dr. Bander has many years of experience in physician wellness and coaching. The Physician Health Committee feels that she



is a great asset and resource for our Medical Staff. Feeling very stressed, depressed, facing burnout, or having difficult personal issues? She is available to help – No insurance, no billing, completely confidential. Call (310) 470- 1435 for an appointment.



THU **AUG** 25

1 HOUR CME CREDIT

Roundtable discussion topic:

Prescribing Controlled Substances: Legal Ramifications

12:30 PM, PAULA KENT MEEHAN CONF ROOM



Walk-With-A-Doc scheduled for **Saturday, August 20, 2016** at the Veteran's Park (4117 Overland, Culver City). Jeff Penso, MD will speak on how 'lizard

venom can improve your health' at 8:45 am.

What is the Physician Health Committee?

This committee is available to help educate the Medical Staff regarding physician well-being and compromise.

The committee also assures patient safety by providing a mechanism to identify and treat staff members with conditions that compromise their ability to provide optimal patient care.

In addition, the committee encourages and monitors physician treatment and rehabilitation.

Committee Members

Howard Chait, MD Marisa Chang, MD Caroline Close, MD Miriam Cotler, PhD Jamie Elson, MD Timothy Hayes, MD Steven O'Day, MD Scott Reiter, MD Robert Shain, MD Jane Spiegel, MD Lisa Stern, MD Andrea Stein, MD

For questions and referral, contact **Laurie Reynard, MD, Chair** at (310) 453-1266

SAVE THE DATE: Providence Saint John's Postgraduate Assembly (PGA):

<u>Physician Heal Thyself</u> will focus on physician wellness:

Saturday, September 17, 2016